

Delta Cross Country

5K Fundraiser Race

July 25th, 9 a.m. Irving's Waterbowl, Muncie IN



Come out and support the Delta Cross Country program. The Delta Cross Country 5K fundraiser race will be ran July 25th at the Waterbowl. This is a great opportunity to run one of the **best** Cross Country courses in the area.

When

Registration: 7:30 a.m. - 8:45 a.m.

Race: 9:00 a.m.

Entry Fee: \$10

Where

Irving's Waterbowl - 6811 N. St. Rd 3

Muncie, IN 47303

Age groups:

14 and under

15 - 19

20 - 29

30 - 39

40 - 49

50 - 59

60 - 69

70 and over



Garmin 305 GPS watch will be given away as a door prize!

A Garmin GPS watch tracks Heart rate, Distance, Pace, etc - it is one of the best running tools available.

Medals will be awarded to first overall Male/Female with ribbons to top three in each age group.

\$25 Running Company gift certificate to top Male & Female overall*

\$15 Running Company gift certificate to 2nd Male & Female overall*

High school and younger runners not eligible for gift certificates.

All runners must sign liability waiver for entry into Fundraiser Races

The 5K race is ran on a challenging course in some-times hot, humid, windy or rainy conditions. All participants assume responsibility to prepare themselves physically and mentally for the 5K race.

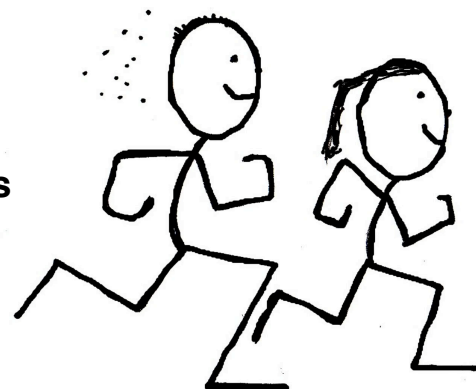
Race hosted by Delta High School.

Thanks to Irving's Waterbowl for supporting this fundraiser race.

2009 Sponsors

Dr. John Moore
Running Company
Pizza King
Cardinal Greenways
Albany Dairy Dream
Pierce & Rayl Families

Dr. Steve Farmer
Meijer
Anderson Road Runners
Weaver Popcorn



Thanks to Greg Prince and family for their work on the 5K course.

For the latest information and race results go to:

www.irunmuncie.com