

THE GASTON LIONS CLUB RUN/WALK WILL START WITH REGISTRATION AT THE OLD GASTON HIGH SCHOOL GYM (CORNER OF MULBERRY ST. & WASHINGTON ST.) FROM 7:30 TO 8:30 AM ON AUGUST 7, 2010. THE RACE WILL START PROMPTLY AT 9:00 AM ON SOUTH WASHINGTON ST. THE COURSE WILL BE RAN THROUGH THE TOWN OF GASTON TO THE CARDINAL GREENWAY ON TO COUNTRY ROADS AND END AT THE GASTON LIONS CLUB PARK. A SHUTTLE FROM LIONS CLUB PARK BACK TO GASTON WILL BE PROVIDED, IF NEEDED, AFTER THE RACE.

REGISTRATION: 7:30 TO 8:30 AM
START OF RACE: 9:00 AM SHARP

RUN AGE DIVISIONS

MALE & FEMALE	
12 & UNDER	30-39
13-15	40-49
16-19	50-59
20-24	60-69
25-29	70 & OVER

AWARDS

TOP THREE FINISHERS IN THE RUN AGE GROUPS WILL RECEIVE AWARDS. AWARDS TO OVERALL MALE AND FEMALE RUNNERS. ALL PRE-REGISTERED RUNNERS & WALKERS WILL RECEIVE A T-SHIRT.
RACE DAY SHIRTS LIMITED. WATER STATIONS ON COURSE. SNACKS & DRINKS WILL BE PROVIDED AT THE FINISH LINE.
DOOR PRIZES!

MAIL ENTRIES TO: GASTON LIONS CLUB
P.O. BOX 513
GASTON, IN 47342

MAKE CHECKS PAYABLE TO: GASTON LIONS CLUB

FOR MORE INFORMATION CALL: GARY STRUBEN AT (765) 358-4576 OR LEAVE MESSAGE WITH GASTON LIONS CLUB AT (765) 358-3032 or Log on to: <http://www.gastonlionsclub.com/>

GASTON LIONS CLUB 5K RUN/WALK REGISTRATION

(Please Print)

NAME _____

ADDRESS _____

CITY/STATE _____

ZIP _____ PHONE _____

AGE ON RACE DAY _____ SEX: M _____ F _____

PLEASE CIRCLE

SHIRT SIZE: S M LG XLG XXLG

SELECT ONE: RUN WALK

PLEASE CHECK IF YOU NEED SHUTTLED TO GASTON _____

5K RUN: \$15 Before JULY 31 \$17 Day of Race

5K WALK: \$12 Before JULY 31 \$15 Day of Race

I know that participating in a running/walking event is a potentially hazardous activity. I should not enter unless I'm medically able. I assume all risks associated with my voluntary participation in this event, including but not limited to falls, contact with another person, the effects of the weather, traffic and conditions of the roads, all risks being known and appreciated by me. I agree to abide by a decision of the officials relative to my ability to safely complete the run or walk. Knowing the facts and in consideration of your accepting my entry, I for myself, my heirs, executors, administrators or anyone else that might claim on my behalf consent not to sue and waive, release and discharge Gaston Lions Club, Gaston Police Department, Delaware County Auxiliary Police, Cardinal Greenway, Inc., all sponsors of the event, and their representatives for any or all claims or liability, whether foreseen or unforeseen for death, personal injury, or property damage arising out of, or in the course of my participation in this event.

SIGNATURE OF PARTICIPANT

SIGNATURE OF PARENT OR GUARDIAN IF UNDER 18 YEARS OF AGE

(This form may be copied.)

**GASTON LIONS
CLUB**

5K RUN & WALK

AUGUST 7, 2010

9:00 AM